

August 2018 Weigh-In Locations:


Main Corporate Office
Mirus3 Offices
 8900 White Settlement Rd.
 Fort Worth, Texas 76108
 Monday - Friday: 8:30am-5:30pm
 (Closed Friday 8/24)
 Saturday & Sundays: CLOSED

Central Dallas
Park Cities Baptist Church
 3933 NW Parkway
 Reed Bldg. Room I02
 Dallas, TX 75224
 Wednesdays: 6:00-8:00pm
 8/1, 8/8, 8/15, 8/22, 8/29

Satellite Corporate Office
North Dallas
Midway Tower
 4230 LBJ Freeway Suite 151 **(NOTE NEW SUITE #)**
 Dallas, Texas 75244
 Tuesday's & Thursdays: 830am-5:00pm*
 (Closed Thursday 8/16)

*Dates subject to change, please
 call the office with questions
 817-546-0097

*Note: Closed for Lunch usually between 1:30-3:30pm.
 Call ahead 817-546-0097 and we can make sure we are
 there when you stop by!

Print this page and take it with you to your weigh-ins.
 Punch cards are only valid for the month indicated with the 

As an HLS StayConnected™ member you're entitled to 2 free weigh-ins each month at the Healthy Lifestyle Secrets offices or class location of your choice.*

Call our office at 817-546-0097 for a class location near you.



* Must be an HLS Connect member in good standing at time of weigh-in.